



Supporting Student Success (S3)

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In this issue:

- From the coordinator
- Featured School
- Research Piece

From the S3 Coordinator

By now all of you who are going to apply for S3 funding for 2018-2019 should have received information from the Andar System. I hope you find this application format user friendly. If you have any questions, please don't hesitate to contact me. Please remember that the deadline for submission of the application is June 20.

Please also remember that your end of year outcome and expenditure reports are due June 15.

Thank you for all you have done this school year to support your students' social-emotional and behavioral health. Have a wonderful summer, with hopefully some relaxation and renewal!

Featured School

This year, with help from S3 funds, Lindbergh Middle School in Peoria, is beginning their journey to implement Covey's "The Leader in Me" program. ***The Leader in Me*** is Franklin Covey's whole school transformation process. It teaches 21st century leadership and life skills to students and creates a culture of student empowerment based on the idea that every child can be a leader. First semester, training was held for the teachers on the 7 Habits of Highly Effective People, and second semester, training was held on implementing the Habits in the classroom.

Content from *The 7 Habits of Highly Effective People* is a key component of the overall *The Leader in Me* process. *The 7 Habits* is a synthesis of universal, timeless principles of personal and interpersonal effectiveness, such as responsibility, vision, integrity, teamwork, collaboration and renewal, which are secular in nature and common to all people and cultures. For more information, please go to www.theleaderinme.org.

Research

The last few years has brought to education the subject of childhood trauma and its effects on achievement and the social-emotional and behavioral well-being of students. Beyond understanding the science of the brain, educators throughout the world are learning strategies in order to deal with the behaviors that arise due to trauma.

Recently, I was at Franklin Primary School in Peoria and was talking with Principal Ann Bond. She was mentioning Sensory Processing Disorder (SPD), formally called Sensory Integration Dysfunction and how it affects students. Upon doing further research, there is a very strong connection between SPD and trauma. Students who have had traumatic

experiences in life may have SPD and require specific interventions.

One of the leading institutes in SPD is the Star Institute in Colorado. For more information about SPD please go to the following resources:

<https://www.spdstar.org/>

<https://www.eti.training/single-post/2015/03/15/The-Egg-and-the-Chicken-Trauma-Sensory-Integration>

<https://www.attachmenttraumanetwork.org/understanding-attachment/treatment/neuroscience-approaches/sensory-integration/>

That's all for now. Take care,

Jan

Stress and Video Games

As mentioned above, the effects of students playing violent video games appear to be showing up as aggressive behavior in classrooms, playgrounds and on buses.

In work to address the question, published in the journal *JAMA Pediatrics*, scientists led by Craig Anderson, director of the center for the study of violence at Iowa State University, found hints that violent video games may set kids up to react in more hostile and violent ways.

What their study did is show that it's media violence exposure that is teaching children and adolescents to see the world in a more aggressive kind of way," says Anderson. "It shows very strongly that repeated exposure to violent video games can increase aggression by increasing aggressive thinking."

To read about the study and also how playing violent video games affects the brain, please go to: <http://time.com/34075/how-violent-video-games-change-kids-attitudes-about-aggression/>

All for now, peace,



Jan

