Make a Jack O’ Lantern Using Shapes

Ask your child to use these shapes to draw a fun face on the pumpkin!
Read to Me

Make letters out of play dough.

Collect leaves together. Ask your child to describe the leaves you found. How are they different? How are they the same? Have your child trace or glue their favorite leaf on a piece of paper.

Look for books about fall at home or at the library. Read them together. Talk about which book was your favorite.

Count with Me

Find shapes at the dinner table. Do you see any circles? (“My plate is a circle.”) Do you see any squares? (“My napkin in a square.”) What other shapes do you see?

Count out loud while your child puts on her/his coat.

Orange is all around this month! Take a walk with your child and count all of the orange things you see.

Talk to Me

Talk about first and next. First, I will color the picture. Next, I will put away my crayons.

While your child is calm, teach belly breathing. Take a deep breath while your belly goes out like a balloon. Count 1-2-3. Exhale. Tell your child if he/she feels afraid or angry, use the belly breathing to help feel calm.

Talk about your feelings. “I feel _______ because________.”

THIS MONTH'S BOOKLIST

The Day the Crayons Quit by Drew Daywalt
Aww, Nuts! By Rob Mcclurken
The Dot by Peter H. Reynolds
Ten Orange Pumpkins: A Counting Book by Stephen Savage
Art Starts for Little Hands! Fun and Discoveries for 3-7 year olds by Judy Press

THIS MONTH'S PAGE TURNER BOOK:

Listen and Learn by Cheri J. Meiners

Thank You to … PNC Grow Up Great