

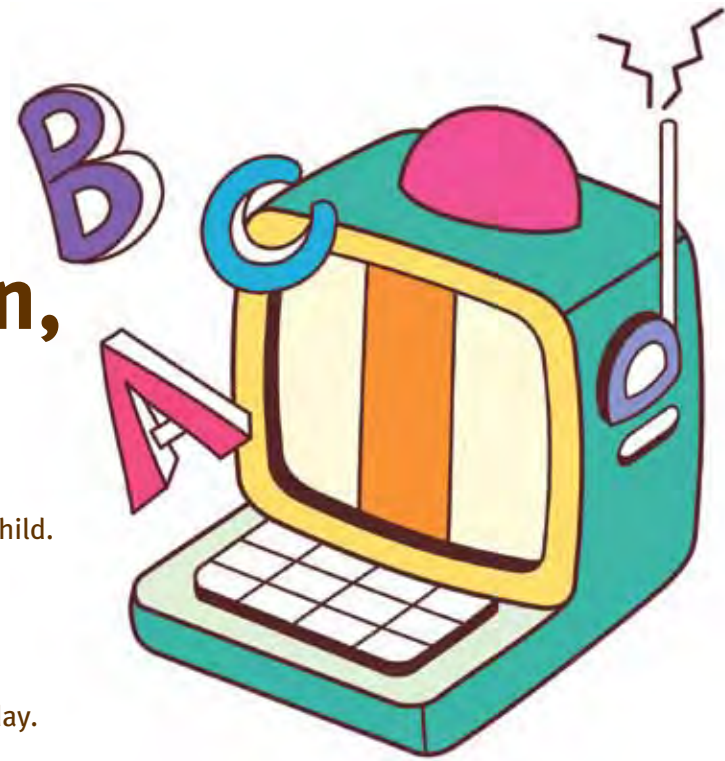
March 2010

Make the most of television, videos and computers.



Use shows, websites and games for better learning.

- Check out videos from the library on exciting topics that interest your child.
- Play games that teach colors, shapes, letters and counting.
- Keep games, televisions and computers in a public area of your home.
- Select age appropriate shows, videos, music, games and websites.
- Watch television together and use the time to connect with your child.
- Turn the television off at meal time and talk about things you did that day.



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

- 1 Reminder:**
Did you schedule a school physical and dental exam?



- 2 Dr. Seuss' Birthday**
Read Across America Day

3

- 4 Library Day**


Have your child bring a friend to the library to pick out a video to watch.

- 5 Practice:**
Use an online map to show your child where your home is located.



- 6 Be with Me:**
Pick a game to play that teaches words and letters.

- 7 Numbers and Counting:**
Have your child count the number of times they see their favorite color in a TV-show.

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- 10 Read Online:**
Visit Reading is Fundamental at www.rif.org and click on 'Leading to Reading' to read books for free online.

11

- 12 Meal Time:**
Turn off the tv and start dinner with "What was something fun you did today?"

- 13 Letter Time:**
Pick a letter and count the number of words in a movie or show that begin with it.



14 **Craft Time:**
Make play dough (directions below) or have fun coloring.

Daylight Savings Time Begins

15 **Talk to Me:**
Pick a day to go TV-Free and do something together instead.

16

17 **St. Patrick's Day**
Wear something green today.



18 **Library Day**
Check out books on tape or videos to watch together.



19 **What . . . ?**
Rhymes with the word bird.

20 **Spring Begins**



21 **Pink Week:**
Look for things that are pink this week.



22 **Be with Me:**
Listen to a story on tape or CD with your child.

23



24

25 **Art Time:**
Encourage your child to draw a picture of what he/she likes about spring.



26

27 **Play outside:**
Explore the outdoors looking for signs of spring.



28 **Palm Sunday**

29 **Be with Me:**
Let your child choose a movie for the whole family.

30 **Passover Begins**

31 **How to make colored play dough:** Combine 1-cup water, 1-tablespoon vegetable oil, 1/2-cup salt, 1-tablespoon cream of tartar, and food coloring in a saucepan and heat until warm. Remove from heat and add 1-cup flour. Stir, then knead until smooth. The cream of tartar allows the dough to keep 6 months or longer. Store in an airtight container or freezer bag.

Fun Books for the Month of March:

The Cat in the Hat by Dr. Seuss
It's St. Patrick's Day by Rebecca Gomez
Jack and the Leprechaun by Ivan Robertson
St. Patrick's Day in the Morning by Eve Bunting
ABC: An Amazing Alphabet Book by Dr. Seuss
Bread, Bread, Bread by Ann Morris
If You Give a Mouse a Muffin by Laura Numeroff
It Looked Like Spilt Milk by Charles G. Shaw



March is
National
Craft Month!

Great websites for children:

www.pbskids.org
www.pbs.org/parents
www.sesameworkshop.org
www.nickjr.com

www.disneychannel.com
www.scholastic.com
www.bornlearning.org
www.rif.org

