

January 2010

Introduce numbers and counting.

Teach your child about numbers as you do things together.

- Read recipes together in the kitchen and set the table while counting forks and spoons.
- Count fruits, vegetables and canned goods while grocery shopping.
- Find ways to count as you play games such as, “try to stack five blocks.”
- Start a piggy bank and have your child count and add pennies to the bank each day.
- Read stories like “Goldilocks and the Three Bears.”
- Sing nursery rhymes such as “One, Two, Buckle My Shoe” or “Five Little Monkeys Jumping on the Bed.”



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Plan Ahead:

- Check with your local school district for kindergarten sign-up

1 New Year's Day

Meal Time:
Have a bowl of warm soup for lunch.

2 To Do Together:
Make a piggy bank out of a coffee can or box and start saving coins.



3 Art Time:
Draw a snowman or make one outdoors.



4

5 Be with Me:
Sing some of your child's favorite songs.



6

7 Library Day



8 Read to Me:
Pick two books to read today.

9 Play Time:
Play 'I Spy' for numbers.





10 Blue Week:
Look for things that are blue this week.

11

12 Numbers and Counting:
Count the number of blue things you find in a book.

13

14 Numbers and Counting:
Practice counting to 100.

15 Be with Me:
Put together a puzzle with your child.

16 Poems and Songs:
Sing nursery rhymes about counting.

17 Benjamin Franklin's Birthday

18 Martin Luther King, Jr. Day

19 What . . . ?
Rhymes with the word sheep?

20

21 Library Day

22 Snack Time:
Have your child divide a snack evenly to share.

23 Play Time:
Play 'Simon Says' to learn counting, like, 'Simon Says to jump 3 times.' Let your child be Simon, too.



24 To Do Together:
Open your piggy bank, sort and count the coins.

25

26 Letter Time:
Find things that begin with the letter 'W.'

27 Wolfgang Amadeus Mozart's Birthday

28

29 Practice:
Have your child practice your phone number and address.

30 Play Time:
Act out a favorite story with dolls, homemade puppets or stuffed animals.



3 Great Books for January:

- P. Bear's New Years Party: A Counting Book* by Paul Owen Lewis
- Miffy's Happy New Year* by Dick Bruna
- The Life of Benjamin Franklin* by Yona Zeldis McDonough
- What Is Martin Luther King Day?* by Margaret Friskey
- The Little Band* by James Sage
- When It Starts to Snow* by Phillis Gershator
- The Missing Mitten Mystery* by Steven Kellogg



January is National Soup Month

