

# January 2010

## Introduce numbers and counting.

### Teach your child about numbers as you do things together.

- Read recipes together In the kitchen and set the table while counting forks and spoons.
- Count fruits, vegetables and canned goods while grocery shopping.
- Find ways to count as you play games such as, “try to stack five blocks.”
- Start a piggy bank and have your child count and add pennies to the bank each day.
- Read stories like “Goldilocks and the Three Bears.”
- Sing nursery rhymes such as “One, Two, Buckle My Shoe” or “Five Little Monkeys Jumping on the Bed.”



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

### Plan Ahead:

- Check with your local school district for kindergarten sign-up

### 1 New Year's Day

**Meal Time:**  
Have a bowl of warm soup for lunch.

**2 To Do Together:**  
Make a piggy bank out of a coffee can or box and start saving coins.



**3 Art Time:**  
Draw a snowman or make one outdoors.



4

**5 Be with Me:**  
Sing some of your child's favorite songs.



6

**7 Library Day**



**8 Read to Me:**  
Pick two books to read today.

**9 Play Time:**  
Play 'I Spy' for numbers.





**10 Blue Week:**  
Look for things that are blue this week.

**11**

**12 Numbers and Counting:**  
Count the number of blue things you find in a book.

**13**

**14 Numbers and Counting:**  
Practice counting to 100.

**15 Be with Me:**  
Put together a puzzle with your child.

**16 Poems and Songs:**  
Sing nursery rhymes about counting.

**17 Benjamin Franklin's Birthday**



**18 Martin Luther King, Jr. Day**

**19 What . . . ?**  
Rhymes with the word sheep?



**20**

**21 Library Day**



**22 Snack Time:**  
Have your child divide a snack evenly to share.



**23 Play Time:**  
Play 'Simon Says' to learn counting, like, 'Simon Says to jump 3 times.' Let your child be Simon, too.

**24 To Do Together:**  
Open your piggy bank, sort and count the coins.



**25**

**26 Letter Time:**  
Find things that begin with the letter 'W.'

**27 Wolfgang Amadeus Mozart's Birthday**



**28**

**29 Practice:**  
Have your child practice your phone number and address.



**30 Play Time:**  
Act out a favorite story with dolls, homemade puppets or stuffed animals.

**3 Great Books for January:**

- P. Bear's New Years Party: A Counting Book* by Paul Owen Lewis
- Miffy's Happy New Year* by Dick Bruna
- The Life of Benjamin Franklin* by Yona Zeldis McDonough
- What Is Martin Luther King Day?* by Margaret Friskey
- The Little Band* by James Sage
- When It Starts to Snow* by Phillis Gershator
- The Missing Mitten Mystery* by Steven Kellogg



**January is National Soup Month**

