

Teach your child how to solve problems.



Help your child discover things that go together.

- Cut out pictures of things that go together such as flowers and a vase.
- Collect real objects that go together such as a comb and brush.
- Separate your pictures and objects and ask your child to match them.

Provide opportunities to experience challenges.

- Give your child lots of time to play with other children.
- Encourage activities such as blocks, crayons, play dough or dress-up.
- Create movement patterns and ask your child to repeat them - step/step/jump, step/step/jump.

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



September is Better Breakfast Month

Plan Ahead:
Make and enjoy healthy breakfasts this month!

Library Day

1

Pick up books about fall or school.

Manner Time:

2

Remember to say please and thank you all day!

Be with Me:

3

Play a board or card game that teaches matching.

Letter Time:

4

Find food items or animals that begin with the same letter.

Labor Day

5

Be with Me:
Let your child pick a puzzle and solve it together.

Numbers & Counting:

6

Practice counting from 1 to 10.

Talk with Me:

7

Share one nice thing you did today and ask your child to share one, too.

8

Play outside:

9

Ask your child to repeat patterns: step-step-jump; clap-clap-pat, etc.

Be with Me:

10

Read an extra story at bed time tonight.

Grandparents Day 11 Have your child make a gift to celebrate!	Play Outside: 12 Draw a hopscotch game and play together.	Practice: 13 How high can your child stack blocks or coins?	14	Library Day 15 Learn colors: Look for blue things on the way to the library.	Mayflower Day 16 Sail a boat at bathtime to celebrate!	Practice: 17 Buttons, snaps and zippers.
Play Time: 18 Have your child invite friends over to play dress-up.	Letter Time: 19 Find things that begin with the letter "C."	What . . . ? 20 Rhymes with the word cat?	Art Time: 21 Collect leaves and glue to paper to make collages.	22	Fall Begins 23 To Do Together: Take a drive or a walk in the park to explore the changing colors of leaves.	Practice: 24 Sort coins, cereal, buttons or candy into an empty egg carton.
Yellow Week: 25 Look for things that are yellow this week.	Johnny Appleseed's Birthday 26 Snack Time: Have a crunchy apple with cheese or peanut butter!	Learn Colors: 27 Eat a fruit or vegetable that is yellow.	Rosh Hashanah Begins 28	Library Day 29	Be with Me: 30 Play a matching game with your child today.	



Great Books for September:

- Dinosaur Roar!* – Patrick Strickland & Henrietta Strickland
- Fletcher and the Falling Leaves* – Julia Rawlinson
- Gossie and Gertie* – Olivier Dunrea
- The Grandma Book* – Todd Parr
- The Grandpa Book* – Todd Parr
- Hooray For Grandparents* – Nancy Carlson
- Our Library* – Eve Bunting
- What Was I Scared of?* – Dr. Seuss

Tips for getting your child organized:

- Pack lunches, set out clothes and pack book bags the night before.
- Make a morning check list using pictures and put it on the refrigerator so your child can go through it in the morning.
- Have a place for everything (coats, shoes, book bags, etc.) so you can grab them and go in the morning.
- Set an evening routine: dinner, bath time, reading.
- Make your child a bed time check list - take a bath, brush teeth, put on pajamas, bed time story . . .

